

Improving CACFP through Research, Outreach, and Education:

A Workshop for the Committee to Review Child and Adult Care Food Program Meal Requirements

The National Academy of Sciences
2100 C Street, NW
Washington, D.C.

Lecture Room

February 23, 2010

8:00–9:00 am **Registration**

INTRODUCTION

9:00 am **Welcome**
Suzanne Murphy, Ph.D., R.D., Chair, Committee to Review Child and Adult Care Food Programs

SESSION 1: CACFP RESEARCH

9:10 am **Promoting Healthy Eating and Physical Activity in CACFP**
Lorrene Ritchie, Ph.D., University of California–Berkeley

9:30 **Environmental Influences on Eating Behavior of Children**
Marlene Schwartz, Ph.D., Yale University

9:50 **Q&A**

10:00 **BREAK**

SESSION 2: OUTREACH – VOICES FROM THE PROGRAMS

10:30 am **Adult Day Care Program Issues**
TBD

10:50 **Child Care Program Issues**
TBD

11:10 **Q&A**

SESSION 3: PROGRESS IN PROGRAM IMPLEMENTATION

- 11:30 am** **Best Practices for Obesity Prevention and Health Promotion**
Debbie Chang, M.P.H., Nemours, Delaware
- 11:50** **Healthy Meal Patterns in CACFP: New York State's Perspective**
Lynn Ouderkerk, M.A., R.D., Center for Community Health, New York State Department of Health
- 12:10 pm** **Q&A**
- 12:30** **Potential Impact of Type of Retail Outlets on CACFP Food Costs**
Ephraim Leibtag, Ph.D., Economic Research Service, U.S. Department of Agriculture, Washington, D.C.
- 12:50** **Q&A**
- 1:00 pm** **Adjourn**