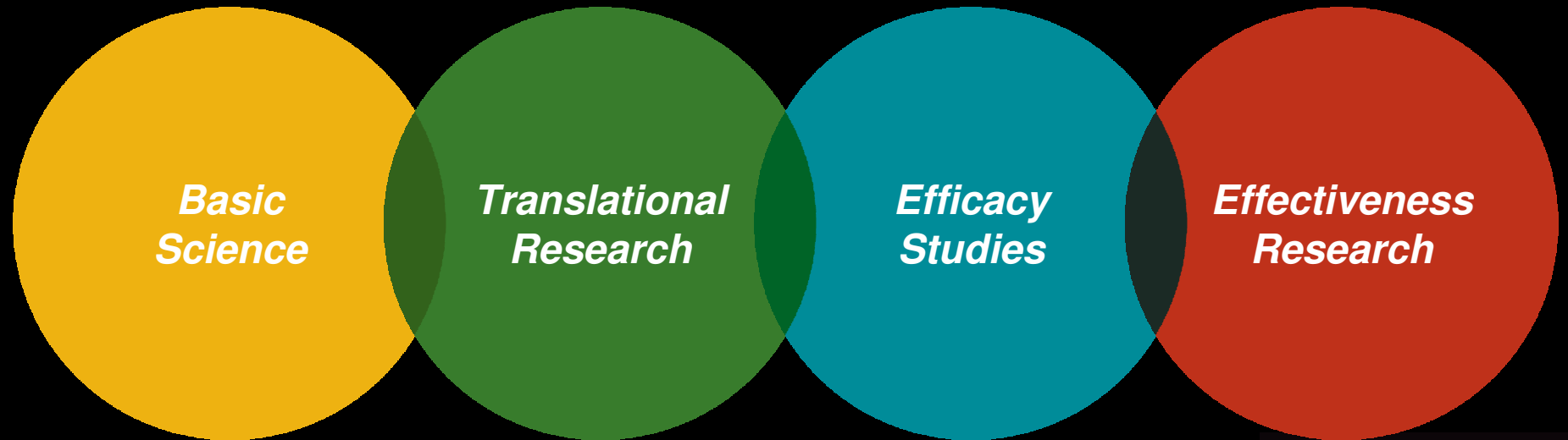


Comments to the IOM
Summit on Integrative Health Care

February 26, 2009

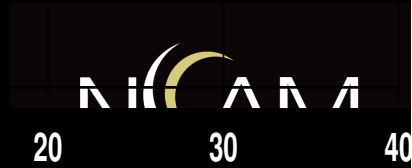
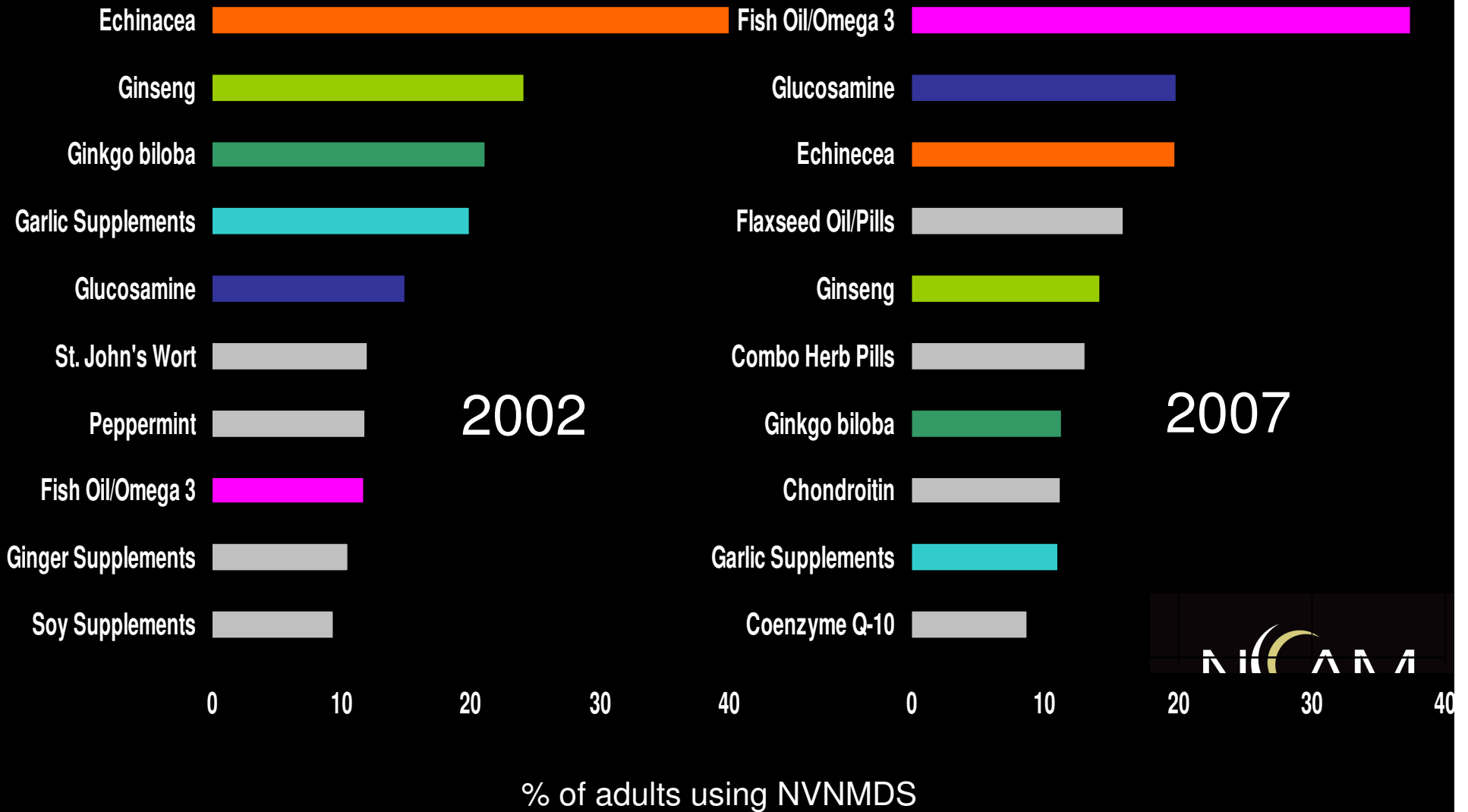


NCCAM's Mission: Building the Evidence Base for Integrative Medicine



Top Herbal Medicines and Other NVNMDS

NVNMDS = non-vitamin/non-mineral dietary supplements



Lessons Learned: Target the Questions

How does
it work?

Can it be
studied in
people?

What are the
specific
effects?

Is it a
good
treatment?

*Basic
Science*

*Translational
Research*

*Efficacy
Studies*

*Effectiveness
Research*



Annals of Internal Medicine

ARTICLE

Comparing Yoga, Exercise, and a Self-Care Book for Chronic Low Back Pain

A Randomized, Controlled Trial

Karen J. Sherman, PhD, MPH; Daniel C. Cherkin, PhD; Janet Erro, RN, MN, PNP; Diana L. Miglioretti, PhD; and Richard A. Deyo, MD, MPH

LITERATURE REVIEW

Journal of Manipulative and Physiological Therapeutics

UNLOADED MOVEMENT FACILITATION EXERCISE COMPARED TO NO EXERCISE OR ALTERNATIVE THERAPY ON OUTCOMES FOR PEOPLE WITH NONSPECIFIC CHRONIC LOW BACK PAIN: A SYSTEMATIC REVIEW

Susan C. Slade, PT,^a and Jennifer L. Keating, PhD, PT^b

CLINICAL GUIDELINES

Annals of Internal Medicine

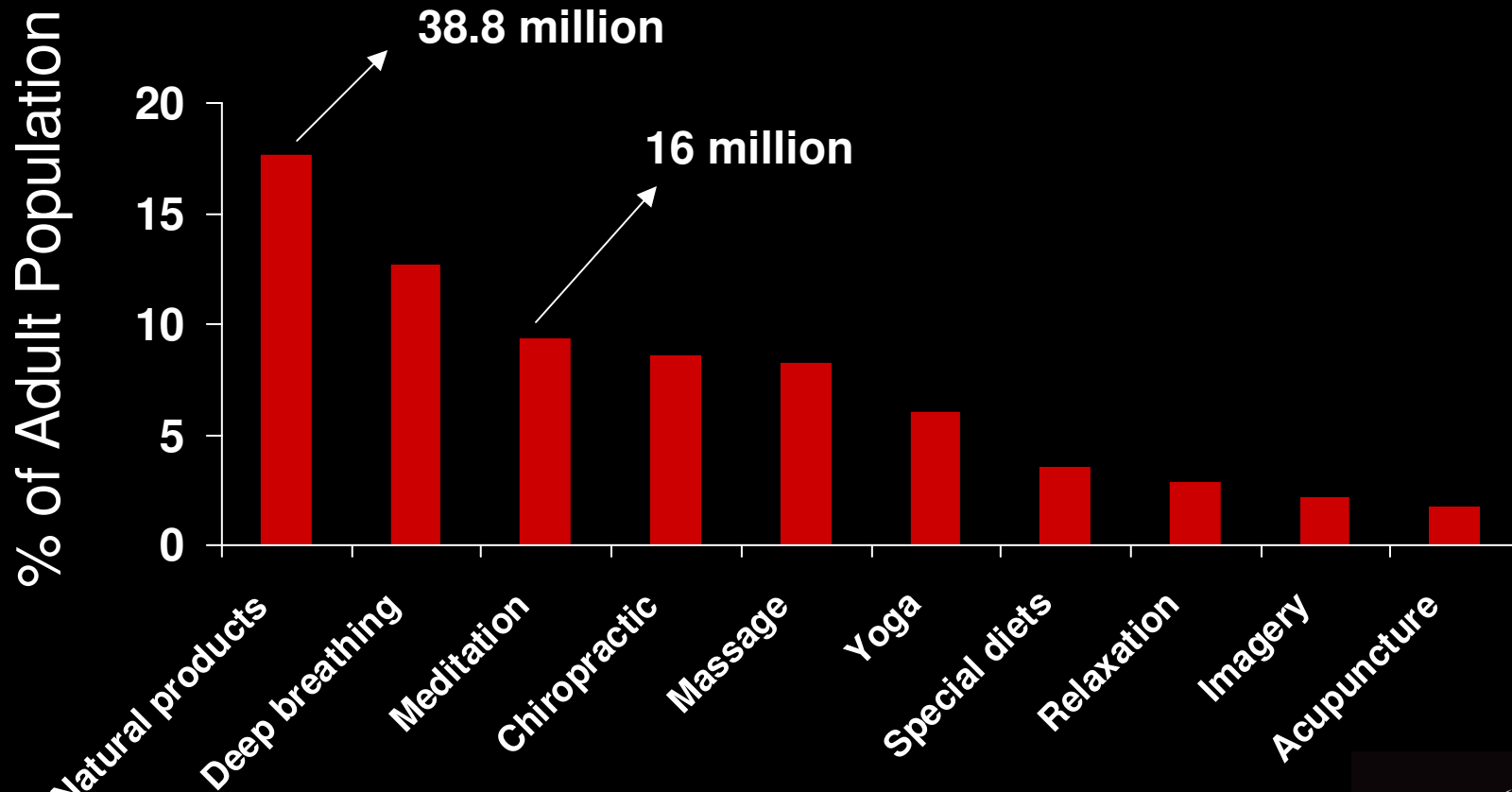
Nonpharmacologic Therapies for Acute and Chronic Low Back Pain: A Review of the Evidence for an American Pain Society/American College of Physicians Clinical Practice Guideline

Roger Chou, MD, and Laurie Hoyt Huffman, MS

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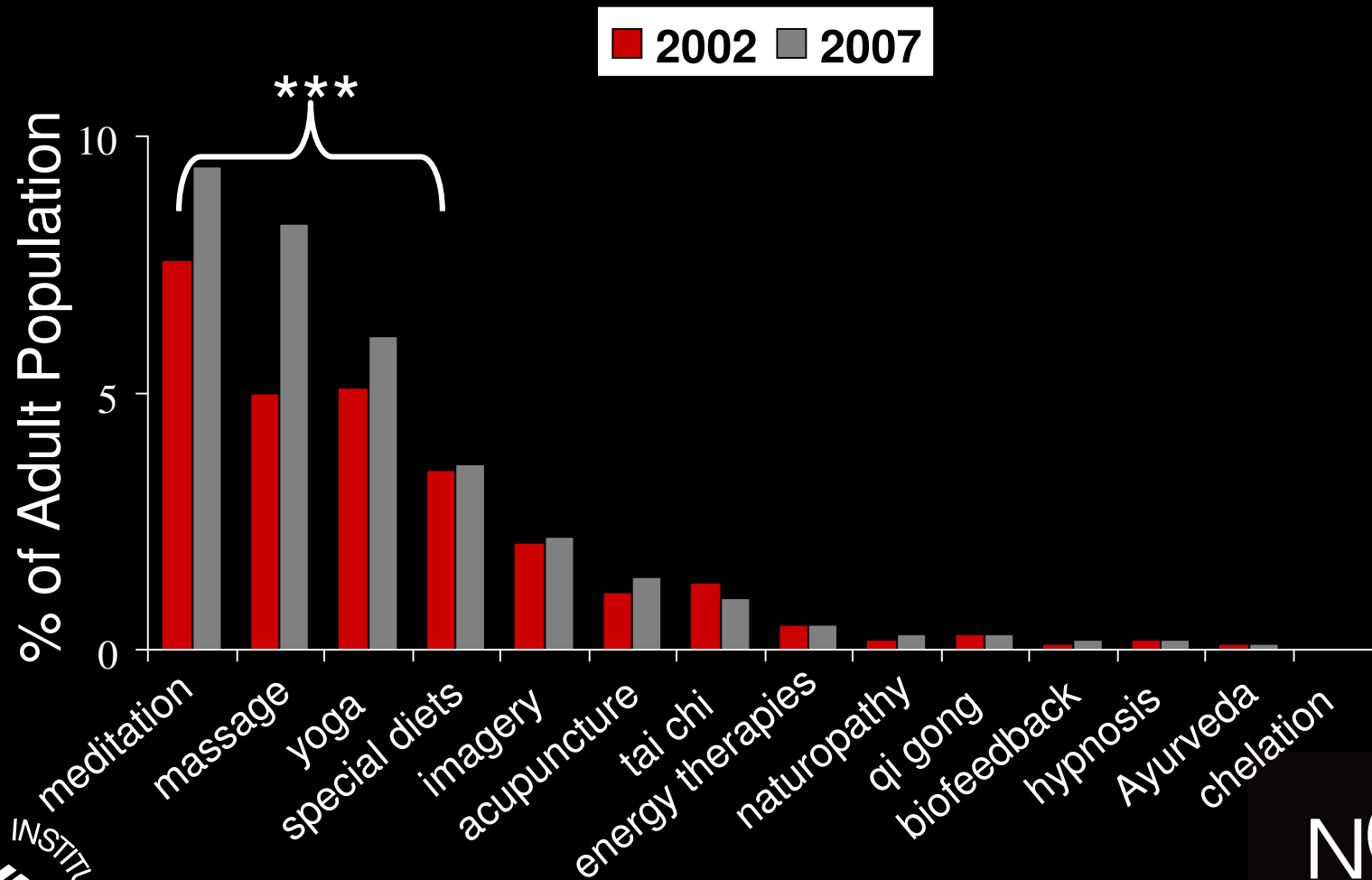
Adult Use of Selected CAM Therapies: United States, 2007



Barnes et al., 2008



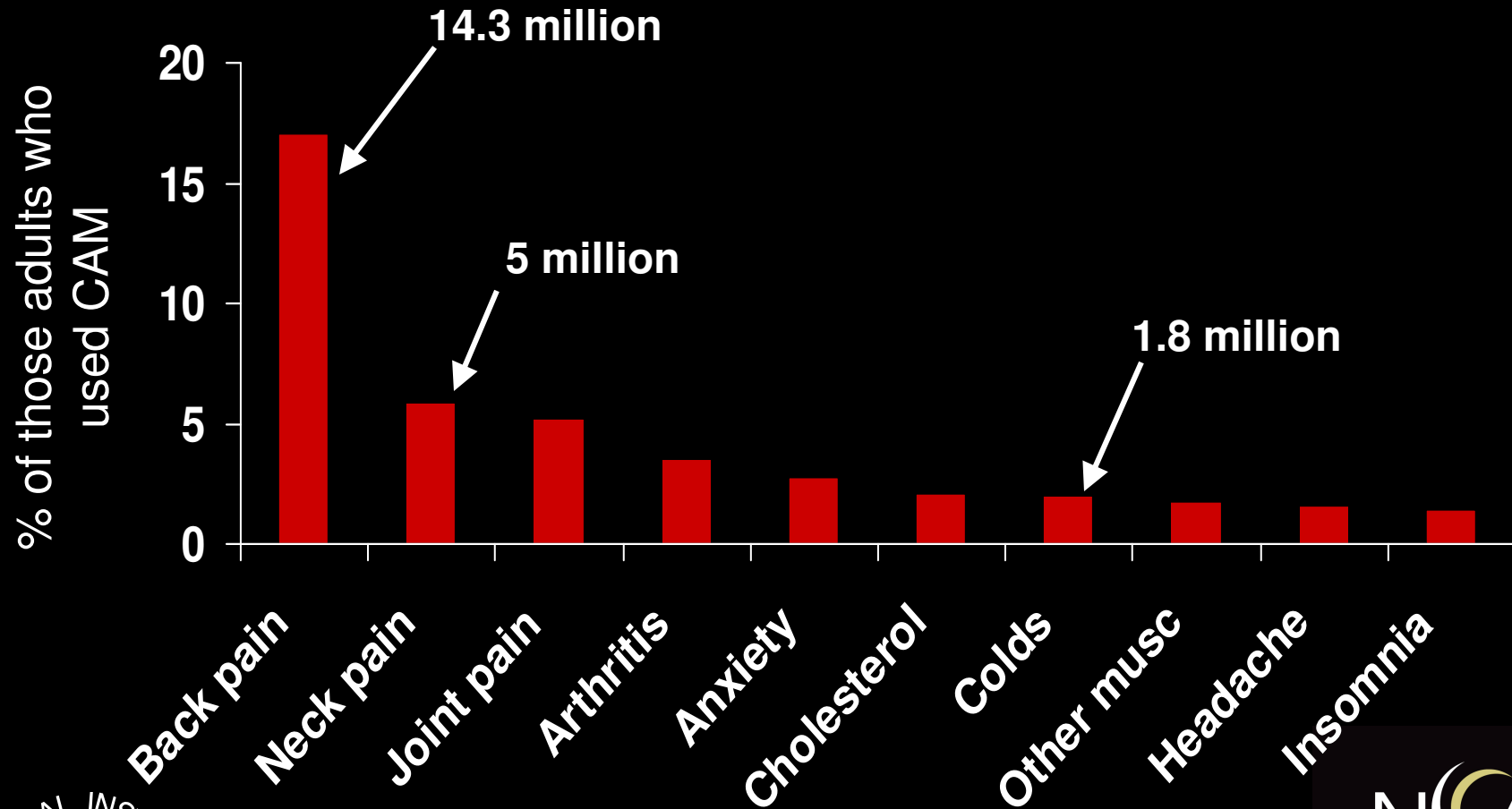
Adult Use of Selected CAM Therapies: 2002 vs. 2007



Barnes et al. 2004, 2008



Adult Use of CAM for Selected Conditions: 2007



Barnes et al., 2008

